

# Tending the Soul's Garden

A Retreat for Busy Women

at The Bishop's Ranch

Sunday, February 28 through Monday, March 1, 2010

Fee: \$150 Double Occ./\$175 Single Occ. per person

Our families, our work, our many other responsibilities; all these keep us plenty busy! So, even when we know we need it, we often find it hard to get away to renew and refresh ourselves. That's why Bishop's Ranch has designed an opportunity especially for busy women. It's a one-night "mini-retreat" that minimizes the time you're away while offering you a real change of pace: a chance to nourish the soul, reflect deeply, and celebrate community with other women.

Facilitated by the Rev. Whitney Roberson, Tending the Soul's Garden will provide the chance for you to muse about the "yes's" and "no's" of your life, to honor to your own deepest self as you explore with other women what it means to be fully alive. The retreat will begin with supper on Sunday evening. We'll spend the evening getting to know one another, beginning to look at our theme, and settling into the quiet of this oasis in time. Monday morning we'll continue our exploration, using tools that help us tend our "soul-gardens;" listening, sharing, prayer, guided meditation, art, music, and movement, to name a few. There'll be time alone and time with others, structured time and free time, active time and quiet time. We'll end with a community Eucharist and an early supper together on Monday before heading home.



## Lodging

Single occupancy rooms are limited and will be offered on a first come first served basis. Those who would like to stay for an extra night can indicate this when they register.

## Registration

Send full payment with your registration application. Upon receipt of your registration, we will send you a confirmation, program information, and directions to The Bishop's Ranch.

## Financial Assistance

There is a limited amount of financial aid available for each retreat. Indicate your need on the registration form and someone will contact you. If you would like to make a contribution to support the partnership fund, please add it to your payment.

## Cancellation Policy

Cancellations received at least 2 weeks before the retreat will be refunded less a \$50 registration fee. After that time, no refund will be given.

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## Tending the Soul's Garden

Registration Form

Name \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_  
Telephone \_\_\_\_\_ Email \_\_\_\_\_

Card # \_\_\_\_\_ Exp. Date \_\_\_\_/\_\_\_\_

Signature \_\_\_\_\_

I have some special dietary needs: \_\_\_\_\_

Check one or more:

\$150 Double Occ.  \$175 Single Occ.  I require Financial Assistance

\$60 Stay Monday night with Continental Breakfast

Payment:

I have enclosed a check payable to The Bishop's Ranch.

I authorize my Visa or Mastercard to be charged for \$ \_\_\_\_\_

I'd like to room with: \_\_\_\_\_  
(please check with this person)

Other special needs/concerns: \_\_\_\_\_

Name as it appears on the card: \_\_\_\_\_

Billing Address if different than Mailing Address:  
\_\_\_\_\_  
\_\_\_\_\_

Send registration form with payment in full to The Bishop's  
Ranch, 5297 Westside Road, Healdsburg, CA 95448  
phone 707.433.2440 fax 707.433.3431  
shannon@bishopsranch.org www.bishopsranch.org